



## Harkin On Wellness Symposium 2019 Public, Planet, and Health Policy: a new age approach to food systems

April 3<sup>rd</sup>, 2019 | Parents Hall, Olmsted Center, Drake University

### Learning objectives:

Bring together different stakeholders in the field of food systems including lawmakers, farmers, distributors, agricultural and food policy experts, and healthcare professionals to discuss how we can modernize our food systems through system and policy innovation to support human health and sustainable agricultural growth, on both a small and large scale.

### Agenda:

8:15 am Registration open

9:00 am Event introduction by Senator Tom Harkin (retired) and Joseph Jones,  
Executive Director of The Harkin Institute

9:20 am Opening remarks by **William Dietz**, Director of Sumner M. Redstone  
Global Center for Prevention and Wellness, Milken Institute School of Public  
Health at The George Washington University

9:50 am Break

10:00 am Panel Discussion: The answer to long-term health- solutions for a healthy,  
sustainable diet

#### Objective(s):

1. Identify strategies to promote human health and disease prevention using a food systems approach.
2. Examine how to best collaborate across sectors to promote & connect agriculture, community development, health & wellness, policy, research, and education.

#### Discussant:

**Jennifer Zwagerman**, newly appointed Director of the Drake Agricultural Law  
Center

#### Panelists:

**Angie Tagtow**, MS, RD, LD former Executive Director of the Center for Nutrition Policy  
and Promotion at the USDA

**Seth Watkins**, farmer and owner of Pinhook Farm

**Sarai Rice**, Executive Director, Des Moines Area Religious Council

11:00 am Break

11:15 am Breakout Sessions: 2019 Harkin On Wellness Designees

Children's Hospital Colorado: Healthy Hospital and the Food Security Council,  
Christina Suh & Eve Kutchman Children's Hospital Colorado  
Main Street Project, Rocky Casillas, Community Outreach & Extension Education  
Coordinator  
New Haven Farms, Jacqueline Maisonpierre, Executive Director

12:00 pm Lunch and Designee presentation

12:40am HOW Designee Presentation

1:00 pm Afternoon presentation, Former Secretary of Agriculture **Tom Vilsack**

1:45 pm Break

2:00 pm Breakout Sessions: 2019 Harkin On Wellness Designees

The Farm at St. Joe's, Saint Mercy Health System, Amanda Sweetman, The  
Farm's Project Manager  
Boulder Valley School District Food Project, Ann Cooper, Director BVSD Food  
Services  
The Food Commons, Jamie Harvie, Coordinating Director

2:45 pm Panel Discussion- Policy approaches to healthy, sustainable food systems

Objective(s):

1. Describe how current or future food policy can: 1) reduce our growing chronic disease burden, 2) minimize the impact on the environment, and 3) distribute healthy, nutritious food in an equitable and fair manner to communities across the nation.

Discussant:

**William Dietz**, Director of Sumner M. Redstone Global Center for Prevention and  
Wellness, Milken Institute School of Public Health at The George Washington  
University

Panelists:

**Susan Keith**, U.S. Senate Committee on Agriculture staff

**Kevin Concannon**, former Under Secretary of USDA Food, Nutrition & Consumer  
Services

**Sally Worley**, Executive Director, Practical Farmers of Iowa

3:45 pm Closing remarks & Adjourn

4:00-5:00 pm Closing reception. Upper Gallery Olmsted Center