



# Social Security Disability Insurance Fact Sheet

Roadmaps to Retirement: Taking Stock and Looking Forward

## Policy Basics: Social Security Disability Insurance

- January 2022: 7.8 million people received disabled-worker benefits from Social Security.
  - Payments also went to 94,000 spouses and 1.2 million children
  - Average monthly benefit \$1,359
- SSDI benefits totaled \$144 billion in 2020 (2% of federal budget)
- Average SSDI beneficiary has 22 years work experience and earned middle-class wages before becoming disabled
- 75% of SSDI beneficiaries are age 50+
  - 40% are age 60+

Source: Center on Budget and Policy Priorities; "Policy Basics: Social Security Disability Insurance" 2022.

