



Mentor and Mentee Resource Guide

“Mentoring is a brain to pick, an ear to listen, and a push in the right direction.” — John Crosby

Suggested Questions

Mentees

- Can you tell me about your professional background?
- What do you wish you'd known when starting out?
- What strategies have you found the most successful in this industry?
- What qualities do I need to develop to be more successful in this career?
- Do you know of any networking groups that would be beneficial for me to join?
- Is there something that I should be doing at this stage that I should be thinking about?
- What is the biggest challenge that you've faced in your career? How were you able to solve it?
- What is the best way to get an internship/job in this industry?
- I'm interested in ____ industry. Who would you recommend I speak with?

Mentors

- Can you tell me about your professional background and your aspirations for the future?
- How can I best help you? What skills would you like to learn from me?
- What in my background sounds interesting to you?
- What way can I better help you after this meeting moving forward?

Tips and Tricks

- Mentoring is an arrangement through which experiential knowledge can be shared, and mentors can guide mentees through questions or issues they are facing. Mentoring is a dual partnership. You get out of it what you put into it.
- What would you like to receive/learn from the interview? Identify your goal.
- Research the person you are meeting with.
- Set goals for what you want this meeting to achieve.
- Come prepared with specific questions you want to ask.
- Relax and be yourselves!

Continuing the Relationship

- Choose a method of communication (email, phone calls, etc.) that works best for both parties.
- Discuss what you want future meetings to look like.
- Decide if this mentorship works for the both of you. It does not always work out, and that is okay. Honesty is crucial in a mentoring relationship.
- Follow up on any recommended persons that can further assist you.